

Box Goalkeeper Equipment Guidelines

Helmet

All helmets MUST be CSA approved for ice hockey or NOCSAE approved. The helmet must have a chin strap and cannot be altered from the manufactured form. The Cascade helmet is approved in British Columbia and Ontario (Goalkeepers 0841 Y).

Face Mask

The mask must be CSA approved for ice hockey or a NOCSAE approved (iceout mask Model #4118 or 4111). All masks MUST be approved for helmet (mask) that it is mounted on.

Throat Guard

Mask of hard plastic; attaches to goalie face shield; protects throat and neck.

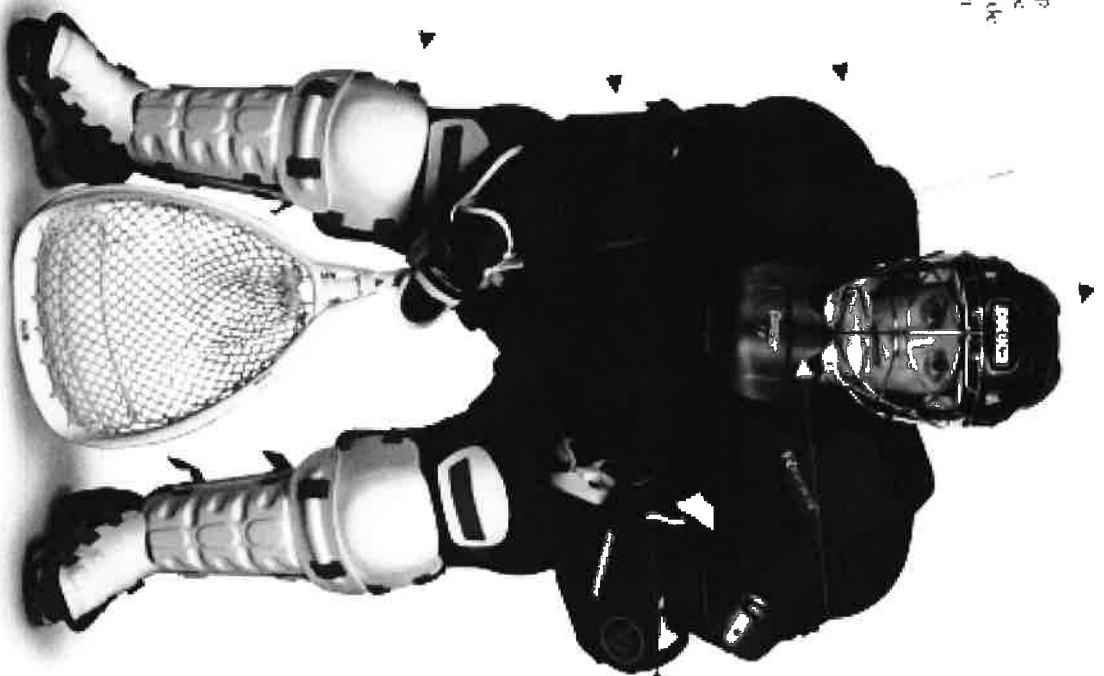
Goalie Pants

Some fitting with waist, and thigh protection.

Goalie Leg Pads/Trons

Made of hard plastic; allows for full range of motion; straps to legs and covers the ankle and the top of the feet.

Athletic Support & Cup (Jock or Jiff)



Gloves

Field box lacrosse gloves offer essential protection and flexibility. Hockey gloves can be used, but they don't offer the same grip or flexibility.



Mouth Guard

Mandatory in British Columbia and Ontario.

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